

Cultural Documentary Exploration of Gene Storm: The Impact of Sports Culture Inheritance on Shaolin Sports Culture

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Abstract

From the perspective of biological genetics, this paper talks about "human beings are the products of biological and cultural inheritance", analyzes the construction of biological inheritance for cultural inheritance and leads to the inheritance of sports culture, and then expresses the influence of sports culture inheritance on Shaolin sports culture, and analyzes the influence of the change and development of sports culture on Shaolin sports culture by combining the multi-dimensional perspective of the development of the current society and the development of sports.

Keywords

Biological Genetics, Physical Culture, Shaolin Sports Culture, Inheritance.

1. Introduction

From the perspective of biogenetics, this paper first discusses the influence of biological inheritance and cultural inheritance, and through the critical discussion of a variety of genetic factors, it leads to the unique Shaolin sports culture in China. On the road of discussing the inheritance of Shaolin sports culture, the formation, development path and direction of Shaolin sports culture inheritance are discussed. Based on the perspective of sports culture inheritance, this paper discusses the influence and promotion of Shaolin sports culture, and leads to cultural self-criticism and thinking from the perspective of the times, multiple rules, diversified communication, based on the development of the new era and the new century, running through the east and west, and across the international development. Finally, the development of Shaolin sports culture is sought from a positive meaning.

2. The influence of biological inheritance and cultural inheritance on sports

Both biological inheritance and cultural inheritance are the result of the role of information in a specific system of human beings. As a sport that is attributed to education in China, biological inheritance is the physiological basis for the development of sports. In carrying out sports and cultural activities, we still adhere to the premise of normal physiological organization and a certain vitality obtained by inheritance, and use biological inheritance as genetic factors to cause human physical and mental development, thereby achieving the possibility of sports culture dissemination. Through school physical education The optimal allocation of educational resources then transforms possibility into reality, thus exerting a dual influence and stimulation on the environment and education. Biological inheritance provides the prerequisite for educational resources for the dissemination and development of sports culture.

2.1. The basic effect of human biological inheritance through natural selection

According to Darwin's theory of evolution, today's modern biological society is the result of natural selection and survival of the fittest under the pressure of natural selection. Natural

selection relies on the differences displayed by biological individuals to express the adaptability, diversity and species selectivity of the biological world in a rapidly changing world.

2.1.1. Cultural genetic factors represented by natural selection

Nature, as the selector of biological evolution, is the entire cosmic system. Each subsystem in the biological system is the selector of biological inheritance, including the biological system itself and its subordinate relationships. Human biological inheritance plays a vital role in all aspects of nature. Information systems and their influence on the inheritance of sports culture should be discussed from the aspect of cultural attribution, that is: natural selection in biological inheritance also reflects the selection of information systems in cultural inheritance, and also supports the genetic factors of sports culture.

2.1.2. The "natural selection effect" of cultural genetic systems

Natural selection stabilizes each system and also causes the interaction of information between systems to form results. Whether it is a biological genetic system or a cultural genetic system, it can achieve effective, stable and orderly development by forming subsystems. The process of natural selection is the process of subsystem formation. On the one hand, it forms new subsystems, thereby making inevitable possibilities a reality; on the other hand, it eliminates incompatible system combinations and makes non-inevitable possibilities possible. Sexual disillusionment, and the same is true for the inheritance of sports culture. By expressing a relatively constant mental outlook, conducting screening experiments, and giving up and eliminating factors that affect the stability of the system, sports learners can achieve their own physical fitness. To a certain extent, this "selection" effect not only occurs in biological systems, but also exists in cultural genetic systems. This is a common phenomenon. Selection is therefore a process of organization of the system itself, and every system is in this effect.

2.1.3. The development of cultural inheritance caused by biological inheritance: leading the inheritance of sports culture

Abstractly describe human biological inheritance, and then better explain the origin of cultural inheritance. From the emergence of life to the emergence of biological diversity, when talking about the chemical evolution process after the formation of the earth system, there has always been the possibility of life, and only when considering the generation of biological systems does the diversity of information appear. Strictly speaking, it was the emergence of the information form of life that gave rise to biological systems, and the same is true for cultural genetic systems. This is just like the emergence of so-called sports that regulated the order of sports and formed cultural precipitation. As a member of the earth system, genes are just one of many molecules because they represent the direction of information evolution, and biological genetic characteristics further promote the development of cultural inheritance.

By comparing with biological systems, the emergence of three basic characteristics of biological inheritance marks the formation of human systems. It is true that before human systems existed, biological systems existed in the world as a necessary possibility, just like genes before life. Before the generation of biological systems, various molecules existed in the universe, and after the generation of biological systems, they still exist in the world with distinctive identities. Therefore, before the emergence of human systems, there were various ways of thinking in biological systems. Sports as a unique symbol of biological diversity also runs through it, and it also expresses human biological inheritance.

2.2. The formation of Shaolin sports culture inheritance

2.2.1. The inheritance of sports culture derived from cultural autonomy

Starting from human biological heredity, sports cultural inheritance not only reflects biological diversity, adaptability and selectivity in the dissemination of sports culture, but also reflects one point: whether it is biological inheritance or cultural inheritance, in sports culture In the

inheritance of genetics, there is no simple selection and inheritance, but the survival of the fittest. Sports uses culture as a carrier, and it also expresses two sets of relationships: the chooser and the chosen, the teacher and the educated. Teachers are the agents of biological pressure, and educated people are biological individuals who bear pressure. The chooser and the chosen are self-evident. It is true that the educated is not a single system, but a role in the interaction of biological inheritance and cultural inheritance, and the educated is a system. To be precise, in the spread of sports culture, the educated will also act as educators in another selection effect, which is very important. This not only reflects the genetic nature of organisms, but also reflects the non-specificity of organisms. Cultural autonomy, that is: a specific manifestation of the heredity of sports culture.

From this point of view, sports cultural inheritance is a form of information and is also part of the conservation of cultural inheritance. Therefore, in essence, it is also part of the conservation of the universe, but it is not like biological inheritance that can rely on the chemical energy of biological inheritance. sequence form to realize its function. Therefore, cultural inheritance is not a pure molecular expression, nor is it a purely structured concrete expression.

2.2.2. The constant development of sports culture inheritance in human history

Sports culture inheritance is a unique form of information for human beings. Different from the thinking ability of all living things in a broad sense, sports cultural inheritance is the language of humans as advanced primates. These languages cannot complete complex abstract thinking to form high-precision language and text like human language. , but it can give different thinking factors to human beings, but it cannot generally refer to the thinking factors of all living things. Sports culture genetic factors are cultural genetic factors unique to human beings. They are special products of biological inheritance and cultural inheritance. They also have their own cultural specificity. Whether it is ancient society or modern society, sports culture genetic factors are the progress of human society. a big lever. For example, the "Cuju craze" in ancient China during the Song Dynasty once caused thousands of people to desert the streets. Cuju originated from the military training methods of the Han Dynasty. It flourished in the Song Dynasty, and Cuju organizations and Cuju artists appeared. In the Qing Dynasty, the "ice Cuju" sport appeared. It is the influence of sports culture inheritance.

The emergence of sports culture is the result of human evolution, and the existence and emergence of human beings depend on the existence of biological systems. The emergence of human systems has enhanced the biological stability of biological systems. The inheritance of sports culture depends on the perfection of human biological structure and function. Through a series of developments, it can be seen that the evolution and experience of all human behaviors are laying the foundation for the emergence of sports culture. Therefore, when organisms evolved into humans, their structures were so perfect that the information form of sports culture inheritance was formed based on these exquisite structures, which served modern society and promoted social progress.

2.2.3. Integrating Sports Culture with Modern Development for Enhanced Progress

The cultural inheritance of sports, together with the evolution and progress of human society, can better serve various forms of sports activities, as well as competitive sports, school sports, and mass sports, and play a certain role in promoting it. For example: In the social context of "Intelligent +", the refinement, completeness and scientificization of competitive sports training equipment can effectively improve the level of sports techniques and tactics, making it convenient, efficient and fast. Introducing physical education, cultural inheritance in sports can be expressed as: first, effectively promote the scientificization of sports training theories and methods. By solving people's limits in sports and problems in sports training, science and technology leads to the positive development of sports, which improves people's abilities in sports training to a certain extent; secondly, scientific and technological progress drives the

improvement of athletes' competitive level. Through vigorous improvements in venue equipment and facilities, athletes' performance will be rapidly improved. Finally, effectively promote the scientific selection process of athletes. By using scientific methods and means, we conduct quantitative and qualitative analysis, evaluation, prediction and diagnosis on the physical and mental health and various indicators of athletes of different ages, genders and training levels to demonstrate the effectiveness of cultural inheritance.

Therefore, the inheritance of sports culture is like a gene, using information energy as a carrier to lead cultural inheritance and cultural progress through multi-functional, multi-dimensional and multi-perspective analysis of culture, thereby promoting and promoting the development of sports culture, making it refined, complete and Scientific and efficient development.

2.2.4. Shaolin Sports Culture: Vital Force in Chinese Sports Development

In China, Shaolin culture has been an integral part of Chinese sports culture since ancient times. Therefore, the inheritance of sports culture is bound to play a huge role in promoting the development of Shaolin sports culture. This is the diversified development of Chinese sports culture, and it is also highlighted by the development level of Shaolin sports culture. Based on the development of human material culture and the progress of spiritual culture over the past five thousand years in China, the inheritance of Shaolin sports culture has also undergone earth-shaking changes with the development of the ever-changing times, and has become the three major dimensions of man and nature, man and society, and man and history. Shaolin sports culture inheritance has become an inexhaustible driving force for the development of Chinese sports culture.

Therefore, the inheritance of Shaolin sports culture also has its own unique genes, which are integrated into the blood of people and society, and integrated into the beliefs of the country and nation. It has become the carrier of material culture and spiritual civilization, the imprint of Chinese sports culture, and a monument of development deeply engraved in history.

3. The influence of sports culture inheritance on Shaolin sports culture

Human beings are the product of the combination of biological inheritance and cultural inheritance. Biological inheritance only makes people become living beings and lays the biological foundation for the formation of self-awareness. Cultural inheritance is what makes it possible for people to truly become social beings and noble people to become all things. In China, the dissemination and inheritance of martial arts culture and the efficient development of Shaolin sports culture are also the only way to achieve cultural inheritance. Shaolin sports culture inheritance is more like a bridge connecting theoretical and applied disciplines of social sciences and natural sciences. With the energy of history disciplines and educational disciplines, it ensures that Shaolin sports culture inheritance reflects the ultimate development of sports and education in the development of the human world. Thus, Shaolin culture plays a huge role in individual development.

3.1. Shaolin sports culture continues to keep pace with the times and forge ahead

The development of contemporary sports culture is the overall embodiment of the concepts of globalization, informatization, socialization, and education. Shaolin sports culture, which is connected with it, also effectively demonstrates the high-level development synchronization of the combination of material civilization and spiritual civilization in the development process of human society. sex. Combining the two concepts of productivity first proposed by Marxism, namely the production of living materials and the reproductive productivity of human beings themselves, Shaolin sports culture promotes and promotes the improvement of productivity and the development of society based on the cultural inheritance of sports and education. On

the one hand, humans use genetic engineering to prevent, treat and reduce diseases in response to more energy and ability, focusing on their own inversion and a series of development issues. On the other hand, by realizing the inheritance of people's sports and educational culture, we can carry out eugenics and eugenics, thereby optimizing the environment of family education, school education and social education. In addition, it promotes Shaolin sports culture to the maximum extent, promotes cultural inheritance and development, and achieves to a certain extent the overall function of unleashing individual potential and maintaining social stability, unity, and progress of civilization.

3.2. The Evolution of Shaolin Sports Culture: A Consistent and Orderly Trend

With the continuous development of today's society, due to the development of science and technology and the continuous improvement of production capacity, human beings have gradually begun to get rid of their dependence on simple and slow biological evolution, that is, through the simplest biological inheritance, they have got rid of the substances necessary for life. , the scarcity of products and the excessive population reproduction have resulted in a socialized survival competition of "the weak and the strong". On the contrary, Shaolin sports culture, combined with cultural barriers, has also begun to proactively adjust its strategic position in the macro system of material entities, life entities, and social life member entities. Therefore, Shaolin sports culture, which has developed over five thousand years of Chinese history, must not only conform to the rules and order of sports culture inheritance, but also pay attention to cultivating an equal social member and promote human science, rationality, democracy, progress, and Under the stable and prosperous social situation, we should shoulder our own responsibilities and obligations accordingly. Shaolin Sports Culture In the inheritance of sports culture, the "teaching" of teachers and the "learning" of students are closely linked and inseparable from the socialization of the school environment, which also fully embodies the coordinated development of culture.

3.3. The diversified development of Shaolin sports culture communication ideas has gradually taken shape

The development of Shaolin sports culture and the formation and dissemination of education integration ideas are continuously deepening, comprehensively standardizing and regulating the entire China's physical education concepts, educational values, educational concepts and physical education content, students' learning methods and teachers' knowledge transfer. Adjustment. With the continuous pursuit of the challenges of in-depth educational reform guided by the Chinese Socialist Scientific Outlook on Development under the guidance of the spirit of the new era. With the development of sports culture inheritance, the leaders and managers of Shaolin sports culture must not only achieve mutual teaching, psychological compatibility, and inseparability, and constantly update their own knowledge base, but also constantly have the ability to engage in the interaction between general sports culture and traditional sports culture. The ability to integrate can adapt to the development of the new era, fully embody the foresight of Shaolin sports education and cultural inheritance, respond to the new harmonious relationship between cultures, and demonstrate cultural synergy, cultural interoperability and the harmony of cultural inheritance from diligent and studious behavior to loving culture.

3.4. Developing Shaolin sports culture: Connecting East and West through ancient and modern times

Closely combining the history of the development of physical education, not only in terms of historical development, but also in terms of the differences in the way of thinking and cultural heritage between the East and the West, life survival and cultural inheritance, the attitude towards martial arts and the concept of Shaolin sports culture are all very important different.

From the perspective of cultural inheritance, Western cultural inheritance pays more attention to logic, rationality, and empirical evidence. By indifference and abandonment of cultural inheritance and sports culture to special legislation and law-based education, it continues to advocate the integration of sports culture and talent training. The thinking is clear, but However, the enforcement strength lacks flexibility and comprehensive effect, and it is also not ideal. It relies too much on the legal bottom line and lacks self-control and public welfare. However, from the perspective of the inheritors of China's Shaolin sports culture, from martial arts to Chinese Kung Fu, and then to the development trend of Shaolin sports culture inheritance, this shows that Chinese cultural inheritance promotes the development of sports Shaolin sports culture by attaching great importance to people. Inner feelings, attention to the mutual coordination between man and nature, and people, and continuous coordination and integrated development through social balance and stability.

It is not difficult to see that cultural inheritance is influenced by Eastern philosophical thoughts and the backward productivity and feudal autocracy of Eastern society. And as early as 5,000 years of cultural influence, the development of Chinese cultural inheritance lagged behind, and it has long stayed at the cultural development level of "teaching" at the level of education and "recording" of cultural inheritors. This lack of strong influence on Shaolin sports culture As for the stable actual support system, the integration of Chinese and Western cultures in "Kung Fu" is also a thought-provoking issue left by Shaolin sports culture. Therefore, it is imperative to explore the cultural inheritance of Shaolin sports.

3.5. Exploring Cultural Roots: Unveiling Shaolin Sports Culture

Human society has a long history of culture, but the development of physical education culture in today's society is an organic combination of high technology and the construction of ancient human civilization. Compared with ordinary physical education, the existence of Shaolin sports culture is less than 100 years old, and standardization and establishment are only There have been nearly half a century. In fact, when we turn our attention to the development of "sports culture", from establishing the concept of sports to regulating the breadth and depth of "sports culture" in the world, it remains a constant standard. This is a step-by-step development path. Compared with sports The concept has been updated and iterated, and the development of Shaolin sports culture is no longer lagging behind. Through continuous efforts, the development of Shaolin sports culture has gradually evolved from "martial arts" to "boxing", "qigong", "instruments", and even to The filming of the "Kung Fu Shaolin" documentary film has even reached the ideological extension of Shaolin sports culture inheritance. All these changes reflect the influence and development of Shaolin sports culture on Chinese human society, and fully reflect the respect for people's sports culture concepts. Shaolin sports culture inheritance and education is also a phased education of multicultural sports intelligence, which recognizes the recognition of individuals engaged in the teaching and reception of sports culture knowledge and the appreciation and understanding of the multicultural sports of most people.

4. The Importance of Sports Culture Inheritance for Shaolin Sports

4.1. Adhere to "people-oriented" and integrate and diversify the development of Chinese sports culture

The development of Shaolin sports culture is an important measure for China to adhere to "people-oriented" and promote material culture and spiritual culture since ancient times. It is an effective way to promote the comprehensive development of Chinese sports culture and achieve the goal of "equality, participation and sharing". The book "Shaolin in My Heart" mentions the establishment and development of Shaolin Temple. Starting from the historical development of Shaolin Temple, it writes about the influence of modern sports culture on

Shaolin sports culture. More cultural development processes, under the influence of China's sports culture inheritance and the development of modern sports civilization, are related to the realization of cultural construction and the protection of cultural development rights. Influence the development of Shaolin sports culture through the inheritance of sports culture, closely integrate the development of modern civilization and ancient civilization, create opportunities suitable for cultural development, and pay close attention to the development process of Chinese sports culture and modern sports civilization. This is also the comprehensive construction of modern Shaolin sports culture, The urgent task of promoting cultural harmony and stability requires the care and support of communicators and even the whole society. By continuously improving the protective capabilities of cultural communicators, we can promote the grand and profound influence of Shaolin sports cultural inheritance.

4.2. Tracing Roots: Strengthening Discipline and Cultural Inheritance for Shaolin Sports Industry

The impact of sports culture inheritance on Shaolin sports culture is mainly to promote the inheritance and development of Shaolin sports culture at the planning level, increase citizens and tourists' understanding of the current development status of Shaolin sports culture in contemporary China, and play a positive role. It enables people to clearly perceive the development gap between cultures and the direction in which they need continuous efforts, more clearly promotes the discipline construction and talent cultivation of Chinese sports culture, and promotes the protection of sports culture at the value level through biological inheritance and cultural inheritance. The goal level of cultural protection further promotes respect for people, respect for nature, the implementation of the concept of Juche, and the improvement and cultivation of ordinary citizens' educational level. A more profound level is to present diversified education and education in educational models. Cultural identity of personalized and differentiated education. Shaolin sports culture is a concentrated expression of China's five thousand years of sports culture. The potential it represents is the ultimate energy that history and culture cannot express. With the development of the times and society, it continues to reflect scientific, democratic, and civilized progress.

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